

MENU WEEK 1

Week Commencing : 31/10, 21/11, 12/12, 9/1, 30/1, 27/2, 20/3

Served daily - unlimited salad bar, fresh fruit, Organic yoghurt, freshly baked bread and drinking water

- Vegetarian - Reduced Sugar - MSC

MONDAY

Tomato Veggie Ball Pasta

Garlic Flatbread, Sweetcorn & Mixed Leaf Salad

Margherita Pizza

Herby Tomato Pasta, Sweetcorn & Mixed Leaf Salad

Jacket Potato & Baked Beans Veg of the Day

Dessert - Frozen Strawberry Yoghurt



TUESDAY

BBQ Jerk Chicken Drumsticks

Rice & Peas, Fresh Broccoli & Coleslaw

Tagine of Beans

Winter Root Vegetables, Rice/Cous Cous, Fresh Broccoli & Coleslaw

Tomato & Basil Spaghetti, Veg of the Day

Dessert - Chocolate Surprise Cake



WEDNESDAY

Roast Turkey

Roast Potatoes, Sage & Onion Stuffing, Seasonal Roast Root Veggies & Carrots, Gravy

Spicy Vegetable Pattie

Roast Potatoes, Seasonal Roast Root Veggies & Carrots, Gravy

Jacket Potato & Cheesy Coleslaw, Veg of the Day

Dessert - Apple Crumble & Custard



THURSDAY

Moroccan Beef Meatballs

Cous Cous/Rice, Flatbread Slice, Fresh Cabbage & Cauliflower, Yoghurt & Mint Dip

Vegetable Biryani

Flatbread Slice, Fresh Cabbage & Cauliflower, Cucumber Raita

Penne Arrabiata

Flatbread Slice, Veg of the Day

Dessert - ANZAC Biscuit with Ice Cream



FRIDAY

Breaded Fish Goujons

Chipped Potatoes, Garden Peas & Baked Beans

Cheese & Potato Whirls

Chipped Potatoes, Garden Peas & Baked Beans

Jacket Potato & Baked Beans

Veg of the Day

Dessert - Fresh Fruit Platter Or Dinky Dino Cheddar Cheese & Biscuit & Crudités

FISH ON FRIDAY



MENU WEEK 2

Week Commencing : 7/11, 28/11, 19/12, 16/1, 6/2, 6/3, 27/3

Served daily - unlimited salad bar, fresh fruit, Organic yoghurt, freshly baked bread and drinking water

- Vegetarian - Reduced Sugar - MSC

MONDAY

Margherita Pizza

Herby Tomato Potato Wedges, Fresh Courgette & Carrot Ribbons

Tuscan Bean Pasta Bake

Fresh Courgette & Carrot Ribbons

Jacket Potato & Baked Beans, Veg of the Day

Dessert - Apple & Cinnamon Slice with Custard



TUESDAY

Pork or Chicken Sausages

Mashed Potatoes, Fresh Cabbage & Sweetcorn, Red Onion Gravy

Quorn Sausage

Mashed Potatoes, Fresh Cabbage & Sweetcorn, Red Onion Gravy

Black Bean Burrito

Veg of the Day

Dessert - Rice Pudding

Dried Fruits/Sliced Peaches



WEDNESDAY

Roast Topside of Beef

Roast Potatoes, Mashed Fresh Swede & Garden Peas Yorkshire Pudding & Gravy

Cauliflower & Broccoli Cheesy Bake

Mashed Fresh Swede & Garden Peas, Roast Potatoes

Tomato & Basil Spaghetti

Veg of the Day

Dessert - Fresh Fruit Festival



THURSDAY

Beef Spaghetti Bolognese

Sicilian Flatbreads, Roasted Seasonal Veg Medley & Fresh Carrots

Red Vegetable Chilli

Rice & Tortilla Basket, Tomato & Red Onion Salsa

Jacket Potato & Cheese, Veg of the Day

Dessert - Giant St Clement's Cookie

(Lemon & orange shortbread)



FRIDAY

Fish Fingers

Chipped Potatoes, Garden Peas & Baked Beans

Sweet Potato & Lentil Curry

Rice, Garden Peas

Ratatouille Wrap

Veg of the Day

Dessert - Neapolitan Ice Cream & Wafer

FISH ON FRIDAY



MENU WEEK 3

Week Commencing : 14/11, 5/12, 2/1, 23/1, 20/2, 13/3,

Served daily - unlimited salad bar, fresh fruit, Organic yoghurt, freshly baked bread and drinking water

- Vegetarian - Reduced Sugar - MSC

MONDAY

Mac & Cheese topped with Crispy leeks

Garlic & Herb Focaccia, Italian Mixed Salad & Sweetcorn

Roasted Vegetable Calzone

Pasta Spirals, Italian Mixed Salad & Sweetcorn

Jacket Potato & Spicy Beans, Veg of the Day

Dessert - Marble Sponge & Custard



TUESDAY

Chicken Tikka Masala

Rice & Cucumber Raita, Saag Gobi (cauliflower/spinach/potato) & Garden Peas

Chick Pea & Sweet Potato Samosa

Rice & Cucumber Raita, Saag Gobi (cauliflower/spinach/potato) & Garden Peas

Tomato & Basil Spaghetti

Veg of the Day

Dessert - Raspberry Ripple Roll



WEDNESDAY

Roast Pork Loin & BBQ Sauce

Mashed Potatoes, Fresh Cabbage & Carrots

Spinach & Cherry Tomato Frittata

Fresh Cabbage & Carrots

Jacket Potato & Cheesy Coleslaw Veg of the Day

Dessert - Peaches in Strawberry Jelly



THURSDAY

Beef Burger in a Bun

Spiced Potato Wedges, Ketchup, Sweetcorn & Coleslaw

Southern Style Quorn Burger in a Bun

Spiced Potato Wedges, Ketchup, Sweetcorn & Coleslaw

Veggie Beany Wrap

Veg of the Day

Dessert - Warm Spice Cake



FRIDAY

Breaded Fish

Chipped Potatoes, Baked Beans & Garden Peas

Salmon & Spinach Puff

Chipped Potatoes, Garden Peas

Jacket Potato with Baked Beans & Cheese, Garden Peas

Dessert - Calypso Cracknell & Custard

(Mango & Peaches)

FISH ON FRIDAY

