

PE Curriculum 2019-20

Term/Year Group	Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Autumn 1	Games Skills Gymnastics - Moving	Gymnastics – Body Parts Locomotion – Running 1	Gymnastic – Pathways Ball Skills - Hands	Striking and Hitting -Golf Invasion - Football	Swimming (G)/Gymnastics Bridges Invasion - Football	Swimming (C)/Gymnastics Counter Balance Basketball (Coach)	Health and Related Exercise Judo
Autumn 2	Games Skills Locomotion - Walking	Gymnastics – Body parts Ball Skills 1	Gymnastic – Key Steps 1 Locomotion - Dodging	Gymnastic – Key Steps 2 Athletics - Running	Swimming (G)/Invasion – Handball Dance - Space	Swimming (C)/Health and Related Exercise Basketball (Coach)	Judo Fitness Circuits
Spring 1	Games Skills Gymnastics – High, Low, Under, Over	Dance – Growing Locomotion – Jumping 1	Dance – Water Ball Skills - Feet	Gymnastic – Key Steps 2 Dance	Swimming (N)/Gymnastics – Bridges Basketball (Coach)	Swimming (WGG)/Gymnastics -Counter Balance Invasion - Football	Dance – Carnival Invasion -Football
Spring 2	Games Skills Locomotion - Jumping	Dance Hand Skills 1	Locomotion – Jumping Ball Skills –Hands 2	Orienteering Athletics – Throwing and Jumping	Swimming (N)/Invasion - Handball Basketball (Coach)	Swimming (WGG)/Health and Related Exercise Dance - Greeks	Invasion – Cricket Gymnastics – Key Steps 3
Summer 1	Games Skills Dance - Ourselves	Gymnastics – Curled, Wide, Narrow Invasion - Football	Gymnastics – Linking Ball Skills - Feet	Gymnastics – Key Steps 2 Net/Wall Tennis	Swimming (N)/Invasion - Cricket Orienteering	Swimming (Non Swimmers)/Athletics - Running Invasion - Cricket	Basketball (Coach) Invasion – Tag Rugby
Summer 2	Games Skills Ball Skills - Hands	Orienteering Hand Skills 2	Gymnastics – Key Steps 1 Orienteering	Dance – Weather, Weather Invasion - Cricket	Swimming (G)/ Cricket Athletics – Running/Throwing/ Jumping	Swimming (Non Swimmers)/ Athletics – Jumping and Throwing Orienteering	Basketball (Coach) Athletics – Running/Jumping and Throwing

Year 4 and Year 5 – Swimming
Judo to be added to Year 3 and Year 4

Expectations for PE

In order that the National Curriculum expectations are covered, as well as ensuring that our PE curriculum ensures that children

- develop competence to excel in a broad range of physical activities,
- are physically active for sustained periods of time,
- engage in competitive sports and activities,
- lead healthy, active lives.

And to support the government's priority to tackle obesity, particularly in school children so we must ensure that there are two lessons of PE a week where all the children are physically active. In addition to the PE lessons please find ten minutes on the other days be active, this could include skipping, jumping, dancing or walking.

- All pupils should have a named PE kit including tracksuit bottoms for outdoor PE
- Jewellery should be removed and earring studs need to be covered with micropore tape.
- All classes need to complete an indoor and outdoor PE lesson.
- Teachers should wear appropriate clothing and shoes to lead the lesson.
- Assessments need to be completed at the end of each term for both units.
- Equipment – please make sure the children respect the equipment and that an adult ensures that it is put away tidily.

Each year group has a PE folder with lesson plans and progression expectations for the units on the PE Map, and assessments must be completed each term.

Please populate the assessment sheet for your class and save in the PE folder Assessment 2019-20 identifying the achievement of children in PE through judging against the unit's outcomes either;

WT – Working Towards

WA – Working At

S – Secure

For swimming please write the metres they can swim e.g. if a child can swim 5 metres just put 5m.